



**James Bateman PE Department
Yr5&6 Sports Captain Application
2021/22**



Name:

Year:

House:

DON'T WORRY, YOU MAY NOT HAVE A LOT OF LEADERSHIP EXPERIENCE YET, BUT YOU WILL HAVE SOME OF THE LEADERSHIP SKILLS REQUIRED!

Sports Captain - Qualities and Skills

Qualities of a Sports Captain

- **You like to keep fit and play sport**
- **You are able to talk to others and are a good listener**
- **You are enthusiastic about helping others enjoy sport**

Sports Captain Roles

- **You will attend PE clubs and bring a friend along**
- **You will try to get others in your form to take part in PE clubs**
- **You will take on Sports Leadership roles during lessons and extra-curricular clubs. E.g. Lead a warm-up**

Sports Captain Application Form

1. What experience do you have in leadership/volunteering?

- 1) Have you ever taken part in a school assembly before? If you did what did you do?
- 2) Have you ever led something in your PE lesson, or helped to look after your team in PE lessons? What did you do? If you are in Year 5, don't worry you might not have had chance to yet!
- 3) Do you attend any sports club in and out of school? What do you do and where do you go?
- 4) Do you put your hand up in class to answer questions?
- 5) Do you get involved with class discussions?
- 6) What are your ICT skills like? Can you create a poster in the computer? Do you enjoy doing this?



2. What are your strengths and what do you want to improve?

- 1) What are you good at doing?

- 2) What do you enjoy doing?

- 3) Do you find it easy to talk to other children or teachers or do you need to improve this?

- 4) Are you organised or do you need to improve this?

- 5) What skills do you want to improve? E.g. listening, leading others, talking to other people, attend more school clubs, attend more sports clubs etc.

4. Why should you be selected as a Sports Captain at James Bateman Middle School?

Tell us all about yourself.

- 1) Why would you be a good Sports Captain?

- 2) How will you motivate others to get involved with sport?

What else do you want us to know?